The UC Narrative U.S. physician survey was conducted online by Harris Poll on behalf of Pfizer between August 23 and November 3, 2017, among 301 adults ages 18+ residing in the U.S. who have been diagnosed with ulcerative colitis (UC), have had an endoscopic procedure to evaluate for disease severity, and were referred by a healthcare professional, or saw at least ten (10) UC patients each month, with at least 10% of these patients currently taking a biologic, and provided informed consent to complete the research. The research is comprised of data from 149 adults residing in the U.S. who are licensed to practice medicine, specialize in gastroenterology, do not mostly practice in a long-term care facility or hospice, see at least ten (10) UC patients each month, with at least 10% of these patients currently taking a biologic, and provided informed consent to complete the research. Patients who qualified for and successfully completed the survey were compensated for their participation.

The UC Narrative U.S. patient survey was conducted online and by telephone by Harris Poll on behalf of Pfizer between August 23 and October 23, 2017, among 149 adults residing in the U.S. who have been diagnosed with ulcerative colitis (UC), have had an endoscopic procedure to evaluate for disease severity, and were referred by a healthcare professional, or saw at least ten (10) UC patients each month, with at least 10% of these patients currently taking a biologic, and provided informed consent to complete the research. Patients who qualified for and successfully completed the survey were compensated for their participation.

The UC Narrative U.S. survey findings represent a subset of the UC Narrative global survey, which was developed with input from the Global UC Narrative Advisory Panel, comprised of people living with UC, as well as leading gastroenterologists, IBD nurses, a physician advocate, and advocates.

Patient hesitancy to speak up and lack of time at appointments could create missed opportunities for intervention and education.

About
More than half of patients (64%) said that their gastroenterologist (GI) never took time to explain the cause of their symptoms to them (n=126/301).

And nearly half of patients (46%) of patients and their GIs didn’t discuss emotional or psychological consequences of UC (n=149/301).

However
55% of patients (n=127/149) and 58% of GIs (n=131/209) believe that UC treatment is too focused on addressing the medical symptoms and not enough on addressing the associated emotional and psychological symptoms.

Resources are available between appointments to help close information gaps; yet, the survey suggests that the gap is occurring at the office.

Moving Beyond Just Living with UC
Tips to Help You Reset the Conversation with your GI
1. Find out from your GI the best ways to communicate with him or her.

2. Make a priority list of information you wish to discuss. Share this with your GI during the appointment.

3. Ask a friend or a family member to join you for your next appointment.

4. Remember that you are not alone.

The UC Narrative is a global patient-centered initiative to engage the UC community to help identify how people living with ulcerative colitis experience the disease.

The Global UC Narrative Advisory Panel, comprised of people living with UC and the UC community, was involved in the development of the survey methodology and content. The research results are being announced in collaboration with the Crohn’s & Colitis Foundation, the UC Network, and advocacy organizations.

The UC Narrative project is funded by Pfizer Inc, New York, NY. [UC Narrative Physician Survey. 2017.]

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