Psoriatic Arthritis

U.S. findings (n=301) from a global survey of adults living with psoriatic arthritis found that many patients reported that they continue to experience symptoms while on therapy.¹ Here are some preliminary findings from the PsA Narrative survey (see survey methodology below) that show the significant impact of the disease and how patients may not be communicating how they truly feel with their physicians.

Methodology
The Psoriatic Arthritis (PsA) Narrative US Patient Survey was conducted online by The Harris Poll on behalf of Pfizer between November 2nd and December 1st, 2017, among 301 adults ages 18+ residing in the US who self reported that they were diagnosed with psoriatic arthritis by a healthcare provider, have been living with psoriatic arthritis for longer than one year, have seen a rheumatologist or dermatologist in the past 12 months, have ever taken a prescription DMARD or biologic for their psoriatic arthritis, and provided informed consent to complete the research. Data were not weighted, and are therefore only representative of the individuals who completed the survey.


References:

The most commonly reported symptoms are:

- joint pain (n=294/301)
- stiffness (n=296/301)
- joint tenderness (n=219/301)
- joint swelling (n=216/301)

58% say they felt comfortable raising fears and concerns with their rheumatologist
51% say they were very or somewhat satisfied with their communication with their rheumatologist

Of patients that experienced psoriatic arthritis symptoms in the past 12 months, 3 in 4 patients identified musculoskeletal symptoms as the most bothersome symptoms

51% have stopped participating in social activities
51% have stopped participating in sports or recreational activities

Some patients

say they were very or somewhat satisfied with their communication with their rheumatologist (n=286/301)
say they felt comfortable raising fears and concerns with their rheumatologist (n=239/256)

Of patients that stated that a rheumatologist was most responsible for managing their symptoms of psoriatic arthritis:

- 93% say they were very or somewhat satisfied with their communication with their rheumatologist (n=299/301)
- 93% say they felt comfortable raising fears and concerns with their rheumatologist (n=239/256)

Disconnects in Psoriatic Arthritis Management

PATIENTS MAY NOT BE COMMUNICATING HOW THEY TRULY FEEL

Of patients currently taking prescription medication for psoriatic arthritis:

- 89% say they are very or somewhat satisfied with their treatment (n=288/301)

Of these patients who say they are satisfied:

- 87% say their current medication regimen has their psoriatic arthritis under control (n=299/301)
- 90% would ideally make changes to their medication regimen (n=239/256)
- 89% describe their psoriatic arthritis today as moderate to severe (n=239/256)
- 96% are still experiencing psoriatic arthritis symptoms despite treatment (n=239/256)

A HIGH PERCENTAGE OF PATIENTS REPORT SATISFACTION WITH TREATMENT, BUT CONTINUE TO EXPERIENCE SYMPTOMS

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