Expand availability of tobacco dependence treatment services in the Eastern Mediterranean Region through building sustainable evidence-based in-country training programs

King Hussein Cancer Center
PI: Feras Hawari, MD
Purpose and Scope

- TDT services in the EMR continue to be limited, partially due to the scarcity of trained HCPs.
- To address this we established training hubs in Oman, Egypt, Tunisia, and Morocco, and made TDT curricula and content available in Arabic, English, and French.
Methods

- Component I focused on setting the stage and understanding needs and uniqueness of each country
- Component II defined target audiences and designed programs for countries
- Component III focused on building the capacity of faculty through remote engagement and on-site ToT workshop
- A regrouping workshop was held to provide an opportunity to jointly reflect on the project and generate follow-up ideas
Results

• 76 faculty engaged, of which:
  – 68 are physicians
  – 71 have clinical experience
  – more than half have experience in teaching, training, and research
  – 64 have had some previous training in TDT
  – 39 have TDT experience

• TDT-specific competencies improved, and confidence in ability to treat and train enhanced
Results (2)

• Faculty intentions:
  – offer TDT services
  – transfer knowledge
  – engage in advocacy and research

• Majority believe they will have an opportunity to train within 6 months

• Training delivered to date by hubs:
  – 9 workshops
  – Inclusion in 2 academic programs
  – Several pre-disposing sessions
Results (3)

• Based on feedback received from faculty, a follow up phase is needed to address gaps that may negatively influence confidence and competence