About the Global UC Narrative Survey and Survey Methodology

The UC Narrative patient survey was conducted online and via telephone from patients whose disease was classified as “moderate to severe,” using this definition, with “milder” patients capped at no more than 20 percent of those who may be living with poorly controlled disease. The choice to focus on these patient types was based on the assumption that these groups have a complex impact this disease has on individuals in their personal (social and emotional) and professional lives.

Physician results were not weighted in Finland due to smaller sample size. Managing physician varied by country: in Australia, France, Spain, the UK, and the U.S., patients must have visited a gastroenterologist’s office; those in Canada, Finland, Germany, Italy, and Japan must have visited a gastroenterologist or an internist, or gastroenterology surgeon, in the last year. Telephone interviews were conducted among patients in France, the UK, and the U.S., and among physicians in Australia and Canada.

Resolutions, such as patient organizations, are available for all but may be understated.

Moving Beyond Just Living with UC

Tips from the UC Narrative Advisory Panel to Help You Reset the Conversation with your GI

Make a point to share information about your emotional health. 63% of GIs said they agree it’s important to address emotional health.

Ask your GI about your UC’s impact on sleep. 47% said they’d be more successful if they asked about sleep.

Are you ready to talk about the impact of UC on family, personal, and professional life? 46% of GIs said they would be more successful if they asked about family, personal, and professional life.

When your GI provides treatment, ask about your medications. 49% of GIs said they’d be more successful if they asked about their own medication.

Be proactive about treatment. Make sure your GI understands your preferences. 48% of GIs agreed that their patients would like more involvement in decision-making about treatment.

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